

Ashley S. Love

EDUCATION:

The University of Tennessee, Knoxville Aug. 2008- May 2012

Bachelor of Science in Social Work GPA: 3.7/4.0

Vanderbilt University School of Nursing Aug. 2012-Aug. 2014

Masters in Advanced Practice Nursing (PMHNP) GPA: 3.9/4.0

Vanderbilt University School of Nursing Aug. 2014-Aug. 2016

Doctorate of Nursing Practice (DNP) GPA: 3.8/4.0

Buprenorphine Waiver 24-Hour Training Feb. 6, 2017-current

HONORS:

Magna Cum Laude, 2012

Sigma Alpha Lambda, 2010-present

Phi Sigma Theta, 2010-present

Sigma Theta Tau, 2013-present

MEMBERSHIPS:

American Nurses Association, 2012-present

International Society of Psychiatric-Mental Health Nurses, 2018-present

American Psychiatric Nurses Association, 2019-present

Neuroscience Education Institute, 2019-present

PUBLICATIONS:

Love, A.S. & Love, R. (2019). Anxiety disorders in primary care settings. *Nursing Clinics (54)*4, p. 473-493

In Press: Hogan, M., Love, A., & Love, R. Mood Disorders. Dunphy, L., Winland-Brown, J., Porter, B., & Thomas, C. (Eds.). *For Primary Care: The Art and Science of Advanced Practice Nursing- Interprofessional Approach*. 6th ed. Philadelphia, Pennsylvania: F.A. Davis

Editor for *Annals of Behavioral Neuroscience*

WORK

EXPERIENCE:

Boulder Community Health

12/19-present

- Perform psychiatric mental health assessments, evaluations, diagnosis, medication management, follow-up care, and interpersonal therapy in an acute inpatient hospital setting
- Take call for all hospital emergencies and admissions 1-2 nights per week, in 24 hour periods
- COVID taskforce co-chair
 - Work on development and implementation of staff wellness initiatives. Co-created business/implementation plan for staff wellness center.

Benson Health Clinic

10/18-present

- Perform psychiatric mental health assessments, evaluations, diagnosis, medication management, follow-up care, and interpersonal therapy in an outpatient setting

Serenity Psychiatric Care/Dr.Love LLC, private practice 11/2018-present

- Developed private practice, seeing patients via telepsychiatry in both CO and OR
- Perform psychiatric mental health assessments, evaluations, diagnosis, medication management, follow-up care, and interpersonal therapy
- Integrated genetic testing and laboratory connections for the utilization of patients in my private practice

Address: 65 Division Ave, Ste W1, #214 Eugene, OR 97404

Phone: 541-632-3824

- Contracted with the following companies under LLC to deliver telepsychiatry services including:
 - **Telepsychiatric Bridge Services** 04/2018-5/1/19
Address: 4300 Marsh Landing Blvd, Suite #203
Jacksonville Beach, FL 32250
Phone: (904) 686-1512
Reason for Leaving: Increasing demand and hours at private practice (Benson Health Clinic)
 - **Mind Springs Health** 12/2018-4/2019
Address: 515 28 3/4 Rd Grand Junction, CO 81501
Phone: (970) 241-6023
Reason for Leaving: Increasing demand and hours at private practice (Benson Health Clinic)

Mental Health Center of Denver 09/2016-9/28/2018

- Perform psychiatric mental health assessments, evaluations, diagnosis, medication management, follow-up care, and interpersonal therapy in an outpatient setting
- Prescribe Buprenorphine per SAMSHA guidelines

Mind Springs Inc. 10/2014-10/2016

- Performed psychiatric mental health assessments, evaluations, diagnosis, medication management, follow-up care, and interpersonal therapy in both inpatient and outpatient settings
- Took call for all hospital emergencies and admissions 1-2 nights per week, in 24 hour periods

Home Health Nurse 02/ 2014-10/14

- Performed various nursing tasks such as catheter insertion and removal, range of motion exercises, transfers, I&O's, and proper documentation
- Assisted in various activities of daily living like dressing, medications, and household tasks

Catholic Charities 07/2011-06/2012

- Worked as a Care Specialist
- Observed and wrote case notes concerning visitation for parents and their non-custodial children

CLINICAL
EXPERIENCE:

Kairos 10/2013-08/2014

- Co-facilitated DBT (dialectical behavioral therapy) groups with adults with various mood and personality disorders
- Conducted individual DBT skills training and interpersonal therapy with both adolescents and adults

Mental Health Cooperative 10/2013-08/2014

- Collaborated with the Mental Health Nurse Practitioner while conducting mental health assessments, evaluations, pharmacological interventions, and interpersonal therapy.
- Conducted individual interpersonal therapy with both adolescent and adult clients on PACT (Program of Assertive Community Treatment)

The Next Door 08/2013-08/2014

- Conducted individual therapy with clients involved in the disease of addiction
- Co-facilitated weekly group therapy sessions focused on Marsha Linehan's Dialectical Behavioral Therapy Module
- Attended group therapies focused on emotional regulation and relapse prevention from a Cognitive Behavioral Therapy Approach
- Shadowed Mental Health Nurse Practitioners and social workers to collaborate with them in diagnosing, prescribing medications, and referring clients to appropriate community resources
- Created and implemented a Wellness Campaign for residents which included providing psychoeducation, creating a running group, and encouraging residents to live an overall healthier lifestyle

Vanderbilt Psychiatric Consult-Liaison Services

12/2013-02/2014

36 total hours

- Provided mental health services to Vanderbilt University Hospital's emergency room, medication and surgical inpatient services, and associated outpatient clinics
- Collaborated with the Mental Health Nurse Practitioner while conducting mental health assessments, evaluations, and pharmacological interventions

The Village at Vanderbilt

02/2014-04/2014

23 total hours

- Worked specifically with the geriatric population to perform assessments, administer psychometrics, and collaborate with the Psychiatrist when diagnosing and initiating pharmacological therapy

Wellness Solutions in Lebanon

01/2014-02/2014

34 total hours

- Worked specifically with the geriatric population to perform assessments, administer psychometrics, and collaborate with the Psychiatric Nurse Practitioner when diagnosing and initiating pharmacological therapy

Hendersonville Hospital

08/2012-07/2013

- Performed nursing tasks such as delegation, medication administration (IV, IM, PO), assessments, diagnosis, care plans, and basic nursing skills (catheter insertions, starting IV's, D/C NG tubes, catheters, etc.)
- Performed all skills with empathy and client-centered care
- Organized, multi-tasked, and advocated for clients

Middle TN Mental Health Institute 03/2013-11/2013

- Applied the nursing process to create care plans, nursing diagnosis for one patient assigned to each week
- Attended group therapy meetings
- Followed a Family Nurse Practitioner for 70 hours, performing physical exams, and treating basic complaints

Friendship Center of Helen Ross McNabb 08/2011-05/2012

- Assisted with therapy groups
- Assisted with various psychosocial classes, skills development programs
- Implemented and directed a smoking cessation program
- Active housing Manager
- Advocated for patients
- Referred patients to community resources

Bradford Health Services 02/2010-05/2010

- Worked in Crisis Center
- Assisted with initial assessments
- Observed and assisted with group therapy, treatment groups
- Administered drug tests
- Paperwork- compiled charts, created treatment plans, care plans, and progress notes
- Worked in business department working with insurance companies and billing

OTHER EXPERIENCE:

Co-chair COVID-19 Recovery Taskforce 03/2021-present

- Identify and assist BCH staff members in improving mental health symptoms during and after the COVID-19 pandemic
- Disseminate current research and evidence based practices
- Obtain and utilize staff and administrative feedback to assist in anticipation of current and future needs
- Implement and develop ideas to address potential needs

Disaster Response Team for the Denver area 12/2016-09/2018

National Alliance for Mental Illness 08/2013-08/2014

- Vice President of the Vanderbilt Chapter
- Facilitate and lead support groups for mental health consumers and their families

Conference for Dialectical Behavioral Therapy 11/ 21/2013

10 hour training

- Training on Dialectical Behavioral Therapy with emphasis on working with

adolescents

Diversity Festival

03/2012

- Directed and obtained grant for hosting Diversity Festival on the University of Tennessee-Knoxville's college campus
- Procured and organized over 100 campus affiliated diversity groups to showcase their history and encourage acceptance and inclusion