

**Ashley S. Love**

**EDUCATION:**                   **The University of Tennessee, Knoxville** Aug. 2008- May 2012  
*Bachelor of Science in Social Work, Honors Program* GPA: 3.7/4.0  
**Vanderbilt University School of Nursing** Aug. 2012-Aug. 2014  
*Masters in Advanced Practice Nursing (PMHNP)* GPA: 3.9/4.0  
**Vanderbilt University School of Nursing** Aug. 2014-Aug. 2016  
*Doctorate of Nursing Practice (DNP)* GPA: 3.8/4.0

**HONORS:**                   **Magna Cum Laude, 2012**  
**Sigma Alpha Lambda, 2010-present**  
**Phi Sigma Theta, 2010-present**  
**Sigma Theta Tau, 2013-present**

**MEMBERSHIPS:**           American Nurses Association, 2012-present  
International Society of Psychiatric-Mental Health Nurses, 2018-present  
American Psychiatric Nurses Association, 2019-present  
Neuroscience Education Institute, 2019-present

**PUBLICATIONS:**       Love, A.S. & Love, R. (2019). Anxiety disorders in primary care settings. *Nursing Clinics (54)*4, p. 473-493  
In Press: Hogan, M., Love, A., & Love, R. Mood Disorders. Dunphy, L., Winland-Brown, J., Porter, B., & Thomas, C. (Eds.). *For Primary Care: The Art and Science of Advanced Practice Nursing- Interprofessional Approach*. 6<sup>th</sup> ed. Philadelphia, Pennsylvania: F.A. Davis  
In Process: Love, A. & Love, R. Anxiety disorders. *Primary Care: A Collaborate Practice*. 7<sup>th</sup> ed. Louisville, Missouri: Mosby/Elsevier  
Editor for *Annals of Behavioral Neuroscience*

**WORK EXPERIENCE:**

**Boulder Creek Psychiatry** 1/17/2022-present  
• Perform psychiatric mental health assessments, evaluations, diagnosis, medication management, follow-up care, and interpersonal therapy in an outpatient setting

**Boulder Community Health** 12/19-present (PRN)  
• Perform psychiatric mental health assessments, evaluations, diagnosis, medication management, follow-up care, and interpersonal therapy in an acute inpatient medical and psychiatric hospital setting  
• Take call for all hospital emergencies and admissions 1-2 nights per week, in 24 hour periods  
• COVID taskforce co-chair  
    o Work on development and implementation of staff wellness initiatives. Co-created business/implementation plan for staff wellness center.

**Benson Health Clinic** 10/18-2/22

- Perform psychiatric mental health assessments, evaluations, diagnosis, medication management, follow-up care, and interpersonal therapy in an outpatient setting

**Serenity Psychiatric Care/Dr.Love LLC, private practice** 11/2018-2/22

- Developed private practice, seeing patients via telepsychiatry in both CO and OR
- Perform psychiatric mental health assessments, evaluations, diagnosis, medication management, follow-up care, and interpersonal therapy
- Integrated genetic testing and laboratory connections for the utilization of patients in my private practice

Address: 65 Division Ave, Ste W1, #214 Eugene, OR 97404

Phone: 541-632-3824

- Contracted with the following companies under LLC to deliver telepsychiatry services including:
  - **Telepsychiatric Bridge Services** 04/2018-5/1/19  
Address: 4300 Marsh Landing Blvd, Suite #203  
Jacksonville Beach, FL 32250  
Phone: (904) 686-1512  
Reason for Leaving: Increasing demand and hours at private practice (Benson Health Clinic)
  - **Mind Springs Health** 12/2018-4/2019  
Address: 515 28 3/4 Rd Grand Junction, CO 81501  
Phone: (970) 241-6023  
Reason for Leaving: Increasing demand and hours at private practice (Benson Health Clinic)

**Mental Health Center of Denver** 09/2016-9/28/2018

- Perform psychiatric mental health assessments, evaluations, diagnosis, medication management, follow-up care, and interpersonal therapy in an outpatient setting
- Prescribe Buprenorphine per SAMSHA guidelines

**Mind Springs Inc.** 10/2014-10/2016

- Performed psychiatric mental health assessments, evaluations, diagnosis, medication management, follow-up care, and interpersonal therapy in both inpatient and outpatient settings
- Took call for all hospital emergencies and admissions 1-2 nights per week, in 24 hour periods

**Home Health Nurse** 02/ 2014-10/14

- Performed various nursing tasks such as catheter insertion and removal, range of motion exercises, transfers, I&O's, and proper documentation
- Assisted in various activities of daily living like dressing, medications, and household tasks

**Catholic Charities** 07/2011-06/2012

- Worked as a Care Specialist
- Observed and wrote case notes concerning visitation for parents and their non-custodial children

OTHER EXPERIENCE:

- Co-chair COVID-19 Recovery Taskforce** 03/2021-12/08/21
- Identified and assisted Boulder Community Health (BCH) staff members in improving mental health symptoms during and after the COVID-19 pandemic
  - Disseminated current research and evidence-based practices
  - Obtained and utilized staff and administrative feedback to assist in anticipation of current and future needs
  - Implemented practice-based ideas and guidelines to address and meet potential needs of staff
  - Co-authored and developed proposal for a wellness center for staff
- Disaster Response Team for the Denver area** 12/2016-09/2018
- Attended disaster and field response training through the Colorado Crisis Education and Response Network (CoCERN)
  - Emphasis on trauma, resiliency, neurobiology of acute stress responses, community intervention, safeguards, and the response process
- National Alliance for Mental Illness** 08/2013-08/2014
- Vice President of the Vanderbilt Chapter
  - Facilitate and lead support groups for mental health consumers and their families
- Conference for Dialectical Behavioral Therapy** 11/ 21/2013  
10 hour training
- Training on Dialectical Behavioral Therapy with emphasis on working with adolescents
- Diversity Festival** 03/2012
- Directed and obtained grant for hosting Diversity Festival on the University of Tennessee-Knoxville's college campus
  - Procured and organized over 100 campus affiliated diversity groups to showcase their history and encourage acceptance and inclusion

CLINICAL  
EXPERIENCE:

- Kairos** 10/2013-08/2014
- Co-facilitated DBT (dialectical behavioral therapy) groups with adults with various mood and personality disorders
  - Conducted individual DBT skills training and interpersonal therapy with both adolescents and adults
- Mental Health Cooperative** 10/2013-08/2014
- Collaborated with the Mental Health Nurse Practitioner while conducting mental health assessments, evaluations, pharmacological interventions, and interpersonal

therapy.

- Conducted individual interpersonal therapy with both adolescent and adult clients on PACT (Program of Assertive Community Treatment)

**The Next Door**

08/2013-08/2014

- Conducted individual therapy with clients involved in the disease of addiction
- Co-facilitated weekly group therapy sessions focused on Marsha Linehan's Dialectical Behavioral Therapy Module
- Attended group therapies focused on emotional regulation and relapse prevention from a Cognitive Behavioral Therapy Approach
- Shadowed Mental Health Nurse Practitioners and social workers to collaborate with them in diagnosing, prescribing medications, and referring clients to appropriate community resources
- Created and implemented a Wellness Campaign for residents which included providing psychoeducation, creating a running group, and encouraging residents to live an overall healthier lifestyle

**Vanderbilt Psychiatric Consult-Liaison Services**

12/2013-02/2014

36 total hours

- Provided mental health services to Vanderbilt University Hospital's emergency room, medication and surgical inpatient services, and associated outpatient clinics
- Collaborated with the Mental Health Nurse Practitioner while conducting mental health assessments, evaluations, and pharmacological interventions

**The Village at Vanderbilt**

02/2014-04/2014

23 total hours

- Worked specifically with the geriatric population to perform assessments, administer psychometrics, and collaborate with the Psychiatrist when diagnosing and initiating pharmacological therapy

**Wellness Solutions in Lebanon**

01/2014-02/2014

34 total hours

- Worked specifically with the geriatric population to perform assessments, administer psychometrics, and collaborate with the Psychiatric Nurse Practitioner when diagnosing and initiating pharmacological therapy

**Hendersonville Hospital**

08/2012-07/2013

- Performed nursing tasks such as delegation, medication administration (IV, IM, PO), assessments, diagnosis, care plans, and basic nursing skills (catheter insertions, starting IV's, D/C NG tubes, catheters, etc.)
- Performed all skills with empathy and client-centered care
- Organized, multi-tasked, and advocated for clients

**Middle TN Mental Health Institute**

03/2013-11/2013

- Applied the nursing process to create care plans, nursing diagnosis for one patient assigned to each week
- Attended group therapy meetings

- Followed a Family Nurse Practitioner for 70 hours, performing physical exams, and treating basic complaints

**Friendship Center of Helen Ross McNabb**

08/2011-05/2012

- Assisted with therapy groups
- Assisted with various psychosocial classes, skills development programs
- Implemented and directed a smoking cessation program and healthy lifestyle program for indigent mental health consumers
- Active housing Manager
- Advocated for patients
- Referred patients to community resources

**Bradford Health Services**

02/2010-05/2010

- Worked in Crisis Center
- Assisted with initial assessments
- Observed and assisted with group therapy, treatment groups
- Administered drug tests
- Paperwork- compiled charts, created treatment plans, care plans, and progress notes
- Worked in business department working with insurance companies and billing